

The Great Olympics



The first Olympics were held in Greece in 776 BC to honor the god Zeus. Now the great athletes of the world participate in Olympics every two years, alternating between summer and winter games.

Find out more about the Olympics by completing four of the following activities.

1. Find out about the first Olympics.
 - In what events did the athletes compete?
 - What clothing did they wear?
 - What prizes were awarded?
 - Who participated?
 - Who watched?
2. The symbol of the modern Olympics is five joined circles. Find out what the colors represent and draw the symbol.
3. Draw a picture of at least 10 sports played in the modern summer and winter Olympics.

OR

Play Olympic Charades. Act out the sports in the Olympics and see if your friends can guess the sports played in the modern summer and winter Olympics.

4. Find out about a modern female Olympic champion and her sport.
5. Learn about a sport played in the Olympics that you know nothing about. How is the sport played, how many are on a team if it is a team sport, and how are points scored?
 - Look for a book in the library.
 - If it is the time of year for the Olympics, look in the newspaper or watch the Olympics on TV.
 - With your parent's or leader's help, go to the Olympics website.
6. Each country in the Olympics designs uniforms for its athletes to wear. Design and draw a uniform for the United States team to wear in the opening ceremony or in their individual events.
7. Hold a mini-Olympics with your troop, complete with opening and closing ceremonies. Participate in at least three different sports and acknowledge the first, second, and third place winners with awards that you make. Adapt the events to your skills. Try team and individual events. Check *Safety-Wise* for safety standards.

.....

**Developed by: Brownie Girl Scout Troop 293
Lynchburg, Virginia
Leader: Marion Stump**

.....