

Personal Equipment List (Camping)

Suggested items for campout(s). Supplement with common sense...

Clothing

- Rain Gear (Poncho, Raincoat)
- Jacket, Sweatshirt or Sweater
- Warm Coat and Gloves
- Hat (which will shade your eyes)
- Pants (Long)
- Shorts
- Shoes (2 pairs, no sandals)
- Socks (2 pair per day)
- Underwear (duh!)
- PJ's (warm - Sweats work GREAT)

Sleeping Equipment

- Sleeping bag
- Extra Blanket or sheet
(depending upon temperature)
- Pillow

Swimming Gear

- Swimsuit
- Beach Towel

Personal Items

- Feminine Products
- Comb/Brush
- Toothbrush / Toothpaste
- Soap (in ziploc)
- Washcloth (in ziploc)
- Towel
- Bug Repellent
- Sunscreen
- Hair Ties
- Chapstick
- Medications (** See Below **)

Miscellaneous

- 2 Trash Bags (laundry; wet clothes)
- Plate / Silverware (or Mess Kit)
- Cup or Mug
- Dunk Bag
- Water Bottle
- Flashlight with extra Batteries
- Backpack or Duffle Bag

Medications

All medicine (including over the counter medications) must be given to the First Aider or Troop Leader. Prescription medication must be supplied with the original container. Put all medications in a Ziploc Bag labeled with your name and with a note indicating frequency and dosage required.

REMINDER: It is YOUR responsibility to come to the First Aider/Troop Leader to receive your meds.

Notes:

1. Please leave makeup, nail polish and candy at home.
2. Please do not bring electronic gadgets, including CD players.
3. If you bring a pair of sweats for PJ's, only wear them to sleep in.
4. Long hair MUST be tied back at all times when there cooking or a campfire.